

Agenda

International Conference on the Urban Exposome

7-8 July 2025

Venue: KEDEA (Research Dissemination Center), Ground Floor

Address: 3is Septemvriou – Panepistimioupoli, 54636 Thessaloniki, Greece

Hybrid: [link](#)

Organiser: Aristotle University of Thessaloniki

Project Officer: Mrs. Nerea Aizpurua

Chair: Prof. Denis Sarigiannis, Coordinator

[Please register here.](#)

Day 1: 7 July 2025

09:00 - 17:00 Local time (Eastern European Summer Time)

Agenda Point	Led by	Time
Registrations		09:00 - 09:15
Welcome by the Coordinator	Denis Sarigiannis (AUTH)	09:15 - 09:25
Opening of the Conference – the EU perspective (remote)	Nerea Aizpurua (EC- HaDEA)	09:25 - 09:40
Keynote lectures	Sofia Aivalioti (Green and Healthy Cities Expert, Bax, URBACT Lead Expert) Tina Woods (Founder & CEO, Collider Health, Healthy Longevity Champion, National Innovation Centre for Ageing Executive Director, International Institute of Longevity)	09:40 - 10:25
URBANOME Vision & Methodological Framework	Denis Sarigiannis (AUTH)	10:25 – 10:40
URBANOME Urban and Individual Interventions	Denis Sarigiannis (Chair) ULL representatives	10:40 – 11:15
Coffee break		11:15 - 11:30

Agenda Point	Led by	Time
Introduction to the session: Assessment of physical and mental health and sleep quality	Denis Sarigiannis (Chair)	11:30 - 11:40
Quantitative methods for exposure analysis of socio-spatial environmental inequalities	Spyros Karakitsios, Achilleas Karakoltzidis (ENVEX, AUTH)	11:40 - 12:00
Prognostic markers of environmental stressors affecting Non-Communicable Diseases: Methodology and indicative results	Nafsika Papaioannou, Ilias Frydas (AUTH)	12:00 – 12:30
Impact of the urban setting on Non-Communicable Diseases: Methodology and indicative results	Christos Fratzidis (AUTH)	12:30 – 12:50
Q&A		12:50 – 13:00
Lunch Break and networking		13:00 - 14:0
Cost-Effectiveness and Cost-benefit Analysis of Implemented Interventions	Ana Rosa Gamarra (CIEMAT)	14:00 – 14:15
URBANOME dashboard and application	UPCOM	14:15 – 14:30
Moderated panel discussion with representatives from quadruple helix <ul style="list-style-type: none"> ❖ Simos Th. Daniilidis, Mayor of Neapolis-Sykies ❖ Theologos Papadoloulos, vice Mayor of Pavlos Melas ❖ Anthi Tsakiropoulou, Project Manager, Major Development Agency Thessaloniki MDAT SA ❖ Representative of the City of Athens (TBC) ❖ Dr. Chrysoula Kourtidou Papadeli, M.D, Ph.D at Hellenic Civil Aviation Authorities Aeromedical Centre ❖ Prof. Panagiotis Bamidis, Director, Lab of Medical Physics and Digital Innovation, School of Medicine, AUTH ❖ George Kapetanakis, President of ELLOK (Hellenic Cancer Patients' Association) 	Moderator: Vassilis Voulgarakis (VILABS)	14:30 – 15:30
Local leadership at the intersection of Climate, Environment, and Wellbeing: Three cities, three strategies <ul style="list-style-type: none"> ❖ Carlos Ribeiro, Guimarães, Portugal ❖ Natasa Miric, Dubrovnik Development Agency, Croatia ❖ Melania Blindar, Cluj Metropolitan Area Association, Romania 	Chair: Denis Sarigiannis (AUTH)	15:30 – 16:15
Celebration of volunteers' engagement: Recognition of their contribution & Family photo	Denis Sarigiannis (AUTH)	16:15 – 17:00
End of Day 1		17:00

Day 2: 8 July 2025

08:30 - 14:00 Local time (Eastern European Summer Time)

Agenda Point	Led by	Time
Registrations		08:30 – 09:15
Introduction to Day 2 of the Conference	Denis Sarigiannis (AUTH)	09:15 – 09:30
Keynote lecture	Evelyne Bischof (Longevity Science Foundation) (remotely)	09:30 – 10:00
Presentation of the context in the Region of Central Macedonia	Kostas Gioutikas, Vice Governor of the Metropolitan Region of Thessaloniki	10:00 – 10:15
Integrated assessment of interventions: Method and indicative results	Alexander Altstadt (USTUTT)	10:15 – 10:35
What we learned from citizen engagement in the ULLs	Christina Plomariti (AUTH)	10:35 – 10:55
Recommendations for policy-makers	George Stefas (Develop Athens S.A.)	10:55 – 11:10
Coffee break		11:10 – 11:25
Introduction and contributions from the Urban Health Cluster ❖ Ana Bonflicácio, eMOTIONAL Cities ❖ Elena Rocher, WELLBASED	Denis Sarigiannis (Chair)	11:25 – 12:00
Workshop: Co-exploring the transferability of results at European level - Recommendations on urban exposome and health	Working groups & Plenary	12:00 – 12:50
Closing remarks	Denis Sarigiannis (AUTH)	12:50 – 13:00
Farewell lunch		13:00 – 14:00