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ANNOUNCEMENT

**Awareness and Education on Infant Mental Health: Open Scientific
Conference at Aristotle University**

Thessaloniki, March 31, 2026

“Infant Mental Health and Early Relationships: Supporting the Present, Safeguarding the Future” is the title of a conference organized by the Laboratory of Applied Psychology of the School of Psychology at Aristotle University, in collaboration with the Society for Regional Development and Mental Health (EPAPSY). The event will take place on Friday, April 3, 2026, from 9:30 to 15:00, in the “Alexandros Papanastasiou” Ceremony Hall of the Old Building of the Faculty of Philosophy.

According to the organizers, the conference aims to inform and raise awareness among professionals about infant mental health and the importance of early human relationships throughout the lifespan.

“Infant Mental Health and Parent–Infant Psychoanalytic Therapy,” “The Infant and Its Environment in the Transition from Absolute Dependence to Independence,” “Parent–Infant Psychotherapy: A Case Presentation of Maternal Grief,” and “Should I Be Concerned?—Signs and Considerations for Early Intervention” are some of the topics that will be presented during the conference.

Participation in the conference is free of charge, and attendees will receive a certificate of attendance.

More information is available at the following link:

<https://www.psy.auth.gr/anakoinoseis/ekdiloseis/imerida-psychiki-ygeia-ton-vrefon-kai-proimes-scheseis-diefkolynontas-to-paron-diasfalizontas-to-mellon-3-4-2026-kentriki-vivliothiki-a-p-th/>

We kindly request that this event be published, broadcast, and covered by the media.

